AYBA Game Rules

**Game Play**

* MANDATORY substitution occurs every 5min using substitution grids (will be emailed to coaches; please try to print and make copies)
* Grids are to be filled out before the start of the game and adhered to; they will be given to the scorers table prior to the start of the game
* If your team is short players and you need to borrow from another team, the first option is to use a non-travel player.
* FT will be taken on shooting fouls and beginning with the 2nd foul in the last 2min of the game (2 shots)
* One timeout per team
* There will be no overtime in regular season games (can end in a tie)
* Playoffs will have a 2min overtime (with clock stopping); if still tied there will be a 1min 2OT; if still tied, will play sudden death

**Defense**

* Man-to-man should be played by all teams; no zones
* Pressing is only allowed in last 2min of games for Grades 5-8; press should also be man-to-man

**Clock**

* Running clock (20min per half for full games; 20min total for “mini-games”) will be used for all games.
* Clock will stop in final 2min of game if score is within 10 point